

Let's win health and bless people with the Bread of Life!

# Heavenly Veggies

## Meals For Success

heavenlyveggies.com

Phone: 647-0334 / Fax: 647-0335

Delicious meals for health & vibrant living - Guam, USA



**NAME:**

**ADDRESS:**

**PHONE:**

**PICK-UP  
TIME:**

### ORDER FORM

	August 20, 2018	August 21, 2018	August 22, 2018	August 23, 2018	August 24, 2018	DAY/DATE
	<b>Chamorro</b> <b>MONDAY</b> <input type="checkbox"/>	<b>International</b> <b>TUESDAY</b> <input type="checkbox"/>	<b>Chamorro</b> <b>WEDNESDAY</b> <input type="checkbox"/>	<b>International</b> <b>THURSDAY</b> <input type="checkbox"/>	<b>Chamorro</b> <b>FRIDAY</b> <input type="checkbox"/>	→ <input type="text"/> 1st 2nd 3rd
<b>Starch</b>	<b>A</b> Red Rice	Hawaiian Rolls	Ginger Rice	Spanish Rice	Yummy Bananas	A <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
	<b>B</b> Jasmine Brown Rice	Jasmine Brown Rice	Jasmine Brown Rice	Jasmine Brown Rice	Jasmine Brown Rice	B <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<b>Entrée</b>	<b>C</b> Tofu Kelaguen	Sushi	Tofu Adobo	Mapo Tofu	Estufao	C <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
	<b>D</b> Bistek	Hawaiian Stew	Veggie Curry	Tunisian Sweet Potato Stew	Pancit	D <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<b>Veggies</b>	<b>E</b> Broccoli Salad	Green Salad	Sautéed Veggies	Coleslaw	Spinach & Coconut Milk	E <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
	<b>F</b> Monday Stir-fry	Tuesday Stir-Fry	Wednesday Stir-fry	Thursday Stir-fry	Friday Stir-fry	F <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<b>Side Choices</b>	<b>G</b> Kandelaria Soup	Miso Soup	Lentil Soup	Shiitake Soup	Arozcaldo Soup	G <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
(soup or salad)	<b>H</b> Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	H <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

(AA)

**NEWSTART Main Meal** \$7.50 x \_\_\_\_\_ = \$ \_\_\_\_\_  
includes soup or salad

(BB)

(AA) ← Number of Meals:

1st	2nd	3rd
<input type="text"/>	<input type="text"/>	<input type="text"/>

Healthy Fried Rice – 1 scoop	\$1.10	x _____	= \$ _____
Scrambled Tofu – 1 scoop	\$1.10	x _____	= \$ _____
Healthy Soup – small (8-oz)	\$3.00	x _____	= \$ _____
Healthy Soup – large (16-oz)	\$4.25	x _____	= \$ _____
Grilled Veggie Wrap – medium	\$4.00	x _____	= \$ _____
Couscous Wrap – medium	\$4.00	x _____	= \$ _____
Tofu Sandwich	\$5.50	x _____	= \$ _____
Carbanzo Sandwich	\$5.50	x _____	= \$ _____
Spinach Sandwich	\$5.50	x _____	= \$ _____
Vegeburger	\$5.95	x _____	= \$ _____
Tofu Kelaguen	\$4.50	x _____	= \$ _____
Warm Oatmeal – small	\$2.50	x _____	= \$ _____
Warm Oatmeal – large	\$4.00	x _____	= \$ _____
Granola Cereal	\$3.00	x _____	= \$ _____
French Toast	\$4.50	x _____	= \$ _____
Whole-Grain Pancake	\$4.00	x _____	= \$ _____
Coconut Parfait – small	\$4.00	x _____	= \$ _____
Coconut Parfait – large	\$6.50	x _____	= \$ _____

The Green Drink – small (12-oz)	\$5.50	x _____	= \$ _____
The Green Drink – large (16-oz)	\$6.50	x _____	= \$ _____

Carrot-Apple Juice – small (12-oz)	\$5.50	x _____	= \$ _____
Carrot-Apple Juice – large (16-oz)	\$6.50	x _____	= \$ _____

Fresh Fruit Blend – small (12-oz)	\$5.50	x _____	= \$ _____
Fresh Fruit Blend – large (16-oz)	\$6.50	x _____	= \$ _____

Coconut Water	\$2.50	x _____	= \$ _____
No-caffeine Herbal Tea	\$1.95	x _____	= \$ _____
Bottled Water	\$1.50	x _____	= \$ _____

Healthy Cookie - small	\$1.50	x _____	= \$ _____
Coconut Cassava	\$2.50	x _____	= \$ _____

Mixed Fruit Bowl	\$3.50	x _____	= \$ _____
Vegan Garden Salad – small	\$3.00	x _____	= \$ _____
Vegan Garden Salad – large	\$4.25	x _____	= \$ _____

\$ \_\_\_\_\_  
(CC)

= \$ \_\_\_\_\_  
(DD)

(BB) =

(CC) =

(DD) =

TOTAL