

Let's win health and bless people with the Bread of Life!

Heavenly Veggies

Meals For Success

heavenlyveggies.com

Phone: 647-0334 / Fax: 647-0335

Delicious meals for health & vibrant living - Guam, USA



NAME:

ADDRESS:

PHONE:

**PICK-UP
TIME:**

ORDER FORM

	January 14, 2019	January 15, 2019	January 16, 2019	January 17, 2019	January 18, 2019	DAY/DATE
	Chamorro MONDAY <input type="checkbox"/>	International TUESDAY <input type="checkbox"/>	Chamorro WEDNESDAY <input type="checkbox"/>	International THURSDAY <input type="checkbox"/>	Chamorro FRIDAY <input type="checkbox"/>	→ <input type="text"/> 1st 2nd 3rd
Starch	A Red Rice	Hawaiian Rolls	Tapioca	Garlic Bread	Mashed Potato	A <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
	B Jasmine Brown Rice	Jasmine Brown Rice	Jasmine Brown Rice	Jasmine Brown Rice	Jasmine Brown Rice	B <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Entrée	C Tofu Kelaguen	Mushroom Stroganoff	Tofu Adobo	Tofu Lasagna	Tinaktak	C <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
	D Jap Chae Noodles	Kung Pao Tofu	Pancit	Bulgogi	Oat Burgers	D <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Veggies	E Spinach & Coconut Milk	Coleslaw	Apple Salad	Kimchee Salad	Broccoli Salad	E <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
	F Monday Stir-fry	Tuesday Stir-Fry	Wednesday Stir-fry	Thursday Stir-fry	Friday Stir-fry	F <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Side Choices	G Chalakilis Soup	Sinigang Soup	Corn Chowder Soup	Miso Soup	Kandelaria Soup	G <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
(soup or salad)	H Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	H <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

(AA)

NEWSTART Main Meal \$7.50 x _____ = \$ _____
includes soup or salad

(AA) ← Number of Meals:

(BB)

Healthy Fried Rice – 1 scoop	\$1.10	x	_____	= \$
Scrambled Tofu – 1 scoop	\$1.10	x	_____	= \$
Healthy Soup – small (8-oz)	\$3.00	x	_____	= \$
Healthy Soup – large (16-oz)	\$4.25	x	_____	= \$

The Green Drink – small (12-oz)	\$5.50	x	_____	= \$
The Green Drink – large (16-oz)	\$6.50	x	_____	= \$

Carrot-Apple Juice – small (12-oz)	\$5.50	x	_____	= \$
Carrot-Apple Juice – large (16-oz)	\$6.50	x	_____	= \$

Grilled Veggie Wrap – medium	\$4.00	x	_____	= \$
Couscous Wrap – medium	\$4.00	x	_____	= \$
Tofu Sandwich	\$5.50	x	_____	= \$
Carbanzo Sandwich	\$5.50	x	_____	= \$
Spinach Sandwich	\$5.50	x	_____	= \$
Vegeburger	\$5.95	x	_____	= \$
Tofu Kelaguen	\$4.50	x	_____	= \$

Fresh Fruit Blend – small (12-oz)	\$5.50	x	_____	= \$
Fresh Fruit Blend – large (16-oz)	\$6.50	x	_____	= \$

Coconut Water	\$2.50	x	_____	= \$
No-caffeine Herbal Tea	\$1.95	x	_____	= \$
Bottled Water	\$1.50	x	_____	= \$

Warm Oatmeal – small	\$2.50	x	_____	= \$
Warm Oatmeal – large	\$4.00	x	_____	= \$
Granola Cereal	\$3.00	x	_____	= \$
French Toast	\$4.50	x	_____	= \$
Whole-Grain Pancake	\$4.00	x	_____	= \$

Healthy Cookie - small	\$1.50	x	_____	= \$
Coconut Cassava	\$2.50	x	_____	= \$

Coconut Parfait – small	\$4.00	x	_____	= \$
Coconut Parfait – large	\$6.50	x	_____	= \$

Mixed Fruit Bowl	\$3.50	x	_____	= \$
Vegan Garden Salad – small	\$3.00	x	_____	= \$
Vegan Garden Salad – large	\$4.25	x	_____	= \$

\$ _____
(CC)

= \$ _____
(DD)

TOTAL

(BB) =

(CC) =

(DD) =

TOTAL