

Let's win health and bless people with the Bread of Life!

Heavenly Veggies

Meals For Success

heavenlyveggies.com

Phone: 647-0334 / Fax: 647-0335

Delicious meals for health & vibrant living - Guam, USA



NAME:

ADDRESS:

PHONE:

**PICK-UP
TIME:**

ORDER FORM

	May 21, 2018	May 22, 2018	May 23, 2018	May 24, 2018	May 25, 2018	DAY/DATE
	Chamorro MONDAY <input type="checkbox"/>	International TUESDAY <input type="checkbox"/>	Chamorro WEDNESDAY <input type="checkbox"/>	International THURSDAY <input type="checkbox"/>	Chamorro FRIDAY <input type="checkbox"/>	→ <input type="text"/> 1st 2nd 3rd
Starch	A Mashed Potato	Yellow Rice & Red Beans	Tapioca & Coconut Milk	Garlic Bread	Grated Cassava	A <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
	B Jasmine Brown Rice	Jasmine Brown Rice	Jasmine Brown Rice	Jasmine Brown Rice	Jasmine Brown Rice	B <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Entrée	C Oat Burger Patties	Spaghetti	Vegan Beef Bokchoy	Lasagna	Mushroom Loaf	C <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
	D Eskabeche	Mapo Tofu	Cauliflower Chickpea Curry	Bulgogi	Estufao	D <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Veggies	E Creamy Cabbage	Cauliflower Tabouli Salad	Cucumber Salad	Broccoli Salad	Sautéed Veggies	E <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
	F Monday Stir-fry	Tuesday Stir-Fry	Wednesday Stir-fry	Thursday Stir-fry	Friday Stir-fry	F <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Side Choices	G Mungo Soup	Tom Yum Soup	Clamless Chowder	Squash Soup	Garden Soup	G <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
(soup or salad)	H Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	Fresh Garden Salad	H <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

1st 2nd 3rd

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

(AA)

NEWSTART Main Meal \$7.50 x _____ = \$ _____
includes soup or salad

(AA) ← Number of Meals:

(BB)

Healthy Fried Rice – 1 scoop	\$1.10	x _____	= \$ _____
Scrambled Tofu – 1 scoop	\$1.10	x _____	= \$ _____
Healthy Soup – small (8-oz)	\$3.00	x _____	= \$ _____
Healthy Soup – large (16-oz)	\$4.25	x _____	= \$ _____

Grilled Veggie Wrap – medium	\$4.00	x _____	= \$ _____
Couscous Wrap – medium	\$4.00	x _____	= \$ _____
Tofu Sandwich	\$5.50	x _____	= \$ _____
Garbanzo Sandwich	\$5.50	x _____	= \$ _____
Spinach Sandwich	\$5.50	x _____	= \$ _____
Vegeburger	\$5.95	x _____	= \$ _____
Tofu Kelaguen	\$4.50	x _____	= \$ _____

Warm Oatmeal – small	\$2.50	x _____	= \$ _____
Warm Oatmeal – large	\$4.00	x _____	= \$ _____
Granola Cereal	\$3.00	x _____	= \$ _____
French Toast	\$4.50	x _____	= \$ _____
Whole-Grain Pancake	\$4.00	x _____	= \$ _____

Coconut Parfait – small	\$4.00	x _____	= \$ _____
Coconut Parfait – large	\$6.50	x _____	= \$ _____

\$ _____
(CC)

The Green Drink – small (12-oz)	\$5.50	x _____	= \$ _____
The Green Drink – large (16-oz)	\$6.50	x _____	= \$ _____

Carrot-Apple Juice – small (12-oz)	\$5.50	x _____	= \$ _____
Carrot-Apple Juice – large (16-oz)	\$6.50	x _____	= \$ _____

Fresh Fruit Blend – small (12-oz)	\$5.50	x _____	= \$ _____
Fresh Fruit Blend – large (16-oz)	\$6.50	x _____	= \$ _____

Coconut Water	\$2.50	x _____	= \$ _____
No-caffeine Herbal Tea	\$1.95	x _____	= \$ _____
Bottled Water	\$1.50	x _____	= \$ _____

Healthy Cookie - small	\$1.50	x _____	= \$ _____
Coconut Cassava	\$2.50	x _____	= \$ _____

Mixed Fruit Bowl	\$3.50	x _____	= \$ _____
Vegan Garden Salad – small	\$3.00	x _____	= \$ _____
Vegan Garden Salad – large	\$4.25	x _____	= \$ _____

= \$ _____
(DD)

(BB) =

(CC) =

(DD) =

TOTAL