

Let's win health and bless people with the Bread of Life!

Heavenly Veggies

Meals For Success

heavenlyveggies.com

Phone: 647-0334 / Fax: 647-0335

Delicious meals for health & vibrant living - Guam, USA



NAME:

ADDRESS:

PHONE:

**PICK-UP
TIME:**

ORDER FORM

| | July 16, 2018 | July 17, 2018 | July 18, 2018 | July 19, 2018 | July 20, 2018 | DAY/DATE |
|---------------------|--|--|---|---|--|---|
| | Chamorro MONDAY <input type="checkbox"/> | International TUESDAY <input type="checkbox"/> | Chamorro WEDNESDAY <input type="checkbox"/> | International THURSDAY <input type="checkbox"/> | Chamorro FRIDAY <input type="checkbox"/> | → <input type="text"/> 1st 2nd 3rd |
| Starch | A Ginger Rice | Garlic Rice | Creamy Cassava | Seasoned Baked Potatoes | Red Rice | A <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |
| | B Jasmine Brown Rice | Jasmine Brown Rice | Jasmine Brown Rice | Jasmine Brown Rice | Jasmine Brown Rice | B <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |
| Entrée | C Pancit | Mapo Tofu | Tofu Kelaguen | Pad Thai | BBQ Tofu | C <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |
| | D Tofu Adobo | Mushroom Stroganoff | Kadon Pika | Green Curry | Eskabeche | D <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |
| Veggies | E Spinach & Coconut Milk | Three-Bean Salad | Seasonal Veggies | Cabbage Slaw | | E <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |
| | F Monday Stir-fry | Tuesday Stir-Fry | Wednesday Stir-fry | Thursday Stir-fry | Friday Stir-fry | F <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |
| Side Choices | G Kandelaria Soup | Clamless Chowder Soup | Mung Bean Soup | Tom Yum Soup | Chalakilis Soup | G <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |
| (soup or salad) | H Fresh Garden Salad | Fresh Garden Salad | Fresh Garden Salad | Fresh Garden Salad | Fresh Garden Salad | H <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |

(AA)

NEWSTART Main Meal \$7.50 x _____ = \$ _____
includes soup or salad

(AA) ← Number of Meals:

(BB)

| | | | |
|------------------------------|--------|---------|------------|
| Healthy Fried Rice – 1 scoop | \$1.10 | x _____ | = \$ _____ |
| Scrambled Tofu – 1 scoop | \$1.10 | x _____ | = \$ _____ |
| Healthy Soup – small (8-oz) | \$3.00 | x _____ | = \$ _____ |
| Healthy Soup – large (16-oz) | \$4.25 | x _____ | = \$ _____ |

| | | | |
|------------------------------|--------|---------|------------|
| Grilled Veggie Wrap – medium | \$4.00 | x _____ | = \$ _____ |
| Couscous Wrap – medium | \$4.00 | x _____ | = \$ _____ |
| Tofu Sandwich | \$5.50 | x _____ | = \$ _____ |
| Garbanzo Sandwich | \$5.50 | x _____ | = \$ _____ |
| Spinach Sandwich | \$5.50 | x _____ | = \$ _____ |
| Vegeburger | \$5.95 | x _____ | = \$ _____ |
| Tofu Kelaguen | \$4.50 | x _____ | = \$ _____ |

| | | | |
|----------------------|--------|---------|------------|
| Warm Oatmeal – small | \$2.50 | x _____ | = \$ _____ |
| Warm Oatmeal – large | \$4.00 | x _____ | = \$ _____ |
| Granola Cereal | \$3.00 | x _____ | = \$ _____ |
| French Toast | \$4.50 | x _____ | = \$ _____ |
| Whole-Grain Pancake | \$4.00 | x _____ | = \$ _____ |

| | | | |
|-------------------------|--------|---------|------------|
| Coconut Parfait – small | \$4.00 | x _____ | = \$ _____ |
| Coconut Parfait – large | \$6.50 | x _____ | = \$ _____ |

| | | | |
|---------------------------------|--------|---------|------------|
| The Green Drink – small (12-oz) | \$5.50 | x _____ | = \$ _____ |
| The Green Drink – large (16-oz) | \$6.50 | x _____ | = \$ _____ |

| | | | |
|------------------------------------|--------|---------|------------|
| Carrot-Apple Juice – small (12-oz) | \$5.50 | x _____ | = \$ _____ |
| Carrot-Apple Juice – large (16-oz) | \$6.50 | x _____ | = \$ _____ |

| | | | |
|-----------------------------------|--------|---------|------------|
| Fresh Fruit Blend – small (12-oz) | \$5.50 | x _____ | = \$ _____ |
| Fresh Fruit Blend – large (16-oz) | \$6.50 | x _____ | = \$ _____ |

| | | | |
|------------------------|--------|---------|------------|
| Coconut Water | \$2.50 | x _____ | = \$ _____ |
| No-caffeine Herbal Tea | \$1.95 | x _____ | = \$ _____ |
| Bottled Water | \$1.50 | x _____ | = \$ _____ |

| | | | |
|------------------------|--------|---------|------------|
| Healthy Cookie - small | \$1.50 | x _____ | = \$ _____ |
| Coconut Cassava | \$2.50 | x _____ | = \$ _____ |

| | | | |
|----------------------------|--------|---------|------------|
| Mixed Fruit Bowl | \$3.50 | x _____ | = \$ _____ |
| Vegan Garden Salad – small | \$3.00 | x _____ | = \$ _____ |
| Vegan Garden Salad – large | \$4.25 | x _____ | = \$ _____ |

\$ _____
(CC)

= \$ _____
(DD)

(BB) =

(CC) =

(DD) =

TOTAL